

The Planetary Healing Centre - PHC

(A company limited by guarantee)

Scottish Charity No: SC034826 Company No: SC257126

# **Annual Report & Financial Statements**

For the Year ended

5 October 2024

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# **Annual Report & Statement of Account**For the year ended 5 October 2024

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### **Trustees' Annual Report**

For the year ended 5 October 2024

The trustees (who are also the directors of the company for the purposes of company law) present their report together with the financial statements and the independent examiner's report for the year ended 5 October 2024

### Reference & Administrative Information

Charity and Company Name:

Community Foundation for Planetary Healing

Also known as:

The Planetary Healing Centre

**Charity Number:** 

SC034826

Company Number:

SC257126

Registered Office

5 Cockdurno Farm, Balerno, Edinburgh EH14 7HZ

Principal Address:

5 Cockdurno Farm, Balerno, Edinburgh EH14 7HZ

Trustees

Mark Halliday - Chairperson Mandy Peat (Treasurer)

Claudia Goncalves (Secretary) Robert Alcock – from March 2024

Maria Garrido – from March 2024 Ruth Quigley – from March 2024 Irene Beldon – from March 2024

Francesco Benvenutti – from March 2024

Adviser

Stuart Keith

**Company Secretary:** 

Claudia Goncalves

**Independent Examiner:** 

Chris Smith BSc (Hons) FCIE

**Bankers** 

The Co-operative Bank P.O. Box 250, Self House Southway, Skelmersdale

WN8 6WT

### Trustees' Annual Report

For the year ended 5 October 2024

### Structure, Governance & Management

#### **Governing Document**

Community Foundation for Planetary Healing is a registered charity and a company limited by guarantee incorporated on 6 October 2003 and is governed by its Memorandum and Articles of Association. Membership of the Foundation is open to all persons irrespective of age, sex, ethnicity, nationality, disability, sexual orientation, religion or beliefs who apply for membership and are approved by the Directors.

### Appointment of Trustees

The Trustees, who are also the Directors of the Company, are elected by the membership at the AGM and serve for a maximum of five years when they retire from office. However, after their term of office has expired Trustees are eligible for re-election. The Trustees may at any time coopt any person to be appointed as a Trustee to fill a vacancy in their number or as an additional Trustee, but a co-opted Trustee holds office only until the next AGM

#### Organisational Structure

The Trustees, who meet quarterly with additional meetings as required, are responsible for overseeing the running of the Company. A Project Development and Administration Worker is responsible for the planning, implementation and day to day running of the projects. A Project Development and Administration worker is responsible for raising funds for the projects.

#### Risk Review

The Trustees keep the risks the charity is exposed to under review and have adopted a number of policies and procedures to, as far as possible, minimise those risks.

#### **Objectives & Activities**

The objects of the Foundation are the promotion, study and practice of holistic ways, nature-based, culture-based approaches and training for public benefit and, in particular, to foster the psychological, emotional and physical welfare of the community and positive mental health and wellbeing. In furtherance of which but not otherwise the Foundation shall seek to:

- 3.1 Nurture the personal development of individuals within the community through holistic ways, nature-based, culture-based approaches and training.
- 3.2 Make a positive difference in the community by offering holistic ways, nature-based, culture-based approaches and training for the wellbeing, self-development and inner growth of individuals within the community.
- 3.3 Promote holistic wellbeing practices, environmental education and engagement.

### Trustees' Annual Report

For the year ended 5 October 2024

- 3.4 Support individuals through whole-person approaches in workshops, group discussions, creative activities, holistic ways, nature approaches and training to foster positive mental health and wellbeing outcomes.
- 3.5 Assist individuals who are restricted financially by providing accessible services offered by the Foundation
- 3.6 Promote public education in the practice and principles of holistic wellbeing and connection with nature.
- 3.7 Provide training, workshops, and networking opportunities to enable members of the community to develop personal growth and awareness.
- 3.8 Promote cultural exchange and voluntary community work between the UK, the Americas and other Continents.

Our charity promotes health and wellbeing by offering affordable outdoor and indoors nature connected projects for individuals and families. This financial year, we delivered 89 activities, including: General Support Groups (28), Families Project (17), Men's Project (14), Women's Project (21), Heritage Project (6), and Intergenerational Project (3).

Additionally, our Indigenous Project fosters meaningful cultural exchange by welcoming Indigenous elders to our community in Scotland and supporting Indigenous communities abroad. This year, we contributed to the construction of two wells in 2 Indigenous villages in Brazil.

A team of volunteers, 2 part-time paid staff members and a board of 8 trustees, including the two co-founders, support the work of the charity.

Our vision: A world where people are empowered and able to make choices related to their health and wellbeing, inspired and informed by the holistic ways of living a sustainable life in harmony with the Earth and people.

### **Our Mission statement:**

Our mission is to support people with their wellbeing, specially those who find themselves in an economic disadvantaged position, to have equal access to holistic ways and nature connected activities. We seek to help people to re-gain or maintain their wellbeing.

#### Accessing our services

Our projects are developed through community consultation with a particular focus on mental, physical and emotional wellbeing, alleviating the impact of trauma and socio economic disadvantages. We prioritise accessibility and offer all of our projects on a suggested donation basis or free of charge to ensure there is no economic barriers to access it.

### **Trustees' Annual Report**

For the year ended 5 October 2024

#### Who we work with

Our service users come from diverse backgrounds and lived experiences. We primarily support individuals facing wellbeing challenges, mental distress and life stresses, often linked to trauma or socio-economic disadvantages. We are committed to meeting their health and wellbeing needs with care and inclusivity.

This year, our Charity achieved its overall aim through the following main charitable activities:

### **Nature and Wellbeing Project**

Our nature wellbeing activities fostered community-building and resilience, while also offering outdoor and nature conservation skills. The following themes and activities were included in this work: nature connection, conservation, nature-based arts, gardening in woodland, connecting with trees and ancestors, movement, leadership, wellbeing of self and collective, and mindfulness for wellbeing.

### Arts and Wellbeing Project

This project offered opportunities for people to connect with community and improve wellbeing through arts-based activities in our community woodland. This work included a series of outdoor workshops and community gatherings for groups of women, men, parents and children, and the wider community. Some of the activities included: storytelling, painting, writing, movement, intuitive art, nature-based art, visualisation, crafts, drumming and more.

#### Women's Project

The Women's Project provided a safe and supportive space for women to heal, grow, and connect through nature-based wellbeing activities, creative workshops, and supportive circles. Designed to enhance mental wellbeing, resilience, and community support, the project empowered women facing challenges such as trauma, isolation, mental distress and life stress. By fostering self-care, confidence, and emotional healing, participants reported feeling more hopeful, inspired, and connected. This initiative played a vital role in promoting inclusive, community-driven wellbeing and empowered women from all backgrounds.

#### Men's Project

The Men's Project offered nature-based wellbeing activities and peer support, providing a safe, non-judgmental space for men to connect, reflect, and strengthen their resilience. Through woodland gatherings, practical conservation work, and mindfulness practices, men engaged in activities that supported mental health, emotional wellbeing, and community bonding. The project fostered a sense of purpose, self-awareness, and connection to nature, helping participants develop healthy coping mechanisms and a stronger sense of belonging. This initiative helped address social isolation, stress, and emotional challenges for men in our community, creating a supportive environment where they could thrive.

#### **Parents and Children Project**

The Parents & Children Project delivered nature-based activities designed to nurture family wellbeing, resilience, and connection with nature. Through play-based learning, sensory

### **Trustees' Annual Report**

For the year ended 5 October 2024

exploration, and hands-on environmental activities, families experienced the restorative benefits of nature, strengthening their mental, emotional, and social wellbeing. Special attention was given to ensuring that activities were inclusive and accessible, particularly for families with complex needs children. The project fostered bonding, creativity, and ecological awareness, helping children and parents alike develop a deeper appreciation for the natural world while building community connections.

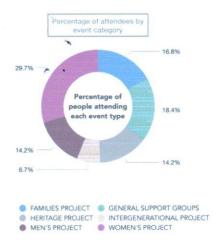
**Indigenous People Project:** Our Indigenous Project fostered deep cultural exchange and supported Indigenous communities through reciprocal learning, solidarity initiatives, and direct action. Through this project, we:

- √ Facilitated cultural exchanges between Indigenous leaders and local communities, encouraging wisdom-sharing, storytelling, and traditional ecological knowledge.
- ✓ **Supported** Indigenous-led wellbeing projects, including access to clean water, sustainable food systems, and community resilience initiatives.
- √ Hosted educational events and cultural exchanges, allowing participants to learn directly from Indigenous elders and deepen their connection with ancestral practices.
- √ Fundraised for critical infrastructure, including well-drilling projects, to help ensure Indigenous communities had access to safe drinking water.

#### **Achievements & Performance**

**Impact Report: This Year's Highlights:** 

- We delivered 89 activities, engaging 384 unique participants.
- A total of 794 instances of attendance were recorded.
- 98% of participants reported improved wellbeing.
- 16.8% of attendees were under 16 participating in intergenerational or family activities.



### Trustees' Annual Report

For the year ended 5 October 2024

The Planetary Healing Charity has made significant strides in delivering high-impact, community-driven initiatives that promote mental wellbeing, social inclusion, and environmental sustainability.

Participant Feedback: Surveys consistently showed high levels of satisfaction and transformative experiences.

**Independent Evaluations:** External monitoring and evaluation confirmed that we successfully met our intended objectives.

Bookings for activities took place via an online booking system created by an external provider. Links for these were listed on our website and social medias, and all data on attendance on demographics were collected through the booking system.

Our work continues to demonstrate the **power of nature-based interventions** in fostering resilience, healing, and sustainability. We remain committed to **expanding our reach, securing additional resources**, **and strengthening community-led initiatives** to sustain and enhance our impact in the years ahead.

### **Supporting Indigenous Communities**

- As part of our ongoing commitment to indigenous rights and environmental sustainability, we have helped fund and build two wells for indigenous communities in Brazil. These wells provide clean, safe drinking water, reducing health risks and supporting the wellbeing of the Apurina and Yawasay villages. This initiative not only addresses a critical need but also strengthens self-sufficiency and resilience within these communities.
- In addition, we supported the construction of a house for an indigenous family and assisted a few indigenous community members with dental, healthcare and educational needs. This initiative strengthens self-sufficiency and resilience within these communities, ensuring lasting positive impacts.

#### **Volunteer Time and Expertise**

- Support: Volunteers played a crucial role in organising and facilitating events. This
  included setting up spaces, guiding participants, and sharing knowledge practices. Some
  volunteers assisted with administrative tasks and participant management.
- Value: The collective volunteer hours contributed has significant value, reflecting a substantial non-cash contribution to our projects.

The substantial non-cash contributions—from **volunteer time and expertise** to **donated spaces and materials**—played an essential role in the successful delivery of our projects. These in-kind supports not only reduced costs but also strengthened community involvement and ownership, aligning with our Charity's vision of fostering **resilience**, **cultural connection**, and **wellbeing**.

**Trustees' Annual Report**For the year ended 5 October 2024

#### **Financial Review**

Our charitable activities in Scotland received support this year from the following funders: Scotlish Government via EVOC - ECMHWF, Creative Scotland, The National Lottery Heritage and Community Funds, Purpose Earth, Four Winds Trust, Mushroom Trust and SEAD.

In the 12 months covered by this report, the Foundation received income totaling £59,212 from grants, charitable activities and donations. The total expenditure was £52,448 resulting in a surplus for the year of £6,764. The surplus was added to reserves brought forward from the previous year so that at the 5 October 2024 the Foundation held total funds of £32,336. These funds consisted of £11,845 in unrestricted funds and £20,491 in restricted funds.

It has been the intention of the Trustees to build up and maintain £3,000 in free reserves (the unrestricted funds less the value of tangible assets not readily available to be spent) to allow the Foundation to meet timing differences between receipts & payments and to allow for any exceptional or unforeseen expenditure. At the 5 October 2024, the Foundation held free reserves of £7,698 and had met the trustee's target.

### **Future Plans**

As the **Planetary Healing Charity** continues to grow, we are committed to building a sustainable, impactful future that supports both people and the environment. Our planning for the future center's on expanding our community-focused initiatives, improving access to nature-based wellbeing, and strengthening our partnerships with indigenous communities around the world.

We aim to increase the accessibility of our programs, particularly to marginalised and underserved groups, including families with special needs children and minority ethnic communities. By continuing to incorporate feedback from our community consultations, we will adapt our offerings to better meet the needs of those we serve, ensuring that no one is left behind in their journey toward greater resilience and wellbeing.

In addition, we are focused on increasing our impact through **sustainable environmental practices**. This includes expanding our educational efforts on conservation, biodiversity, and climate resilience, empowering individuals to become stewards of the land. Our future projects will continue to prioritise the wellbeing of both people and the planet, ensuring that our efforts are both holistic and far-reaching.

By strengthening volunteer and staff support, fostering deeper relationships with our funders, and expanding our network of like-minded organisations, we will ensure that the **Planetary Healing Charity** remains a thriving, transformative force for years to come.

Mandy Peat, Treasurer

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### **Independent Examiner's Report**

I report on the financial statements of the charity for the year ended 5 October 2024 that are set out on pages 11 to 19.

### Responsibilities and basis of report

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 ("the 2006 Regulations") and the Companies Act 2006.

I have satisfied myself that the charity is not subject to audit under Regulation (10)(1)(a)-(c) of the 2006 Regulations or company law and is eligible for independent examination. I have therefore examined your charity's accounts as required under section (44)(1)(c) of the 2005 Act and Regulation 11 of the 2006 Regulations. In carrying out my examination I have followed the guidance issued to independent examiners by the Office of the Scottish Charity Regulator (OSCR).

My role is to state whether any material matters have come to my attention giving me cause to believe:

- that accounting records were not kept as required by section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations; or
- 2. that the accounts do not accord with those records; or
- that the accounts do not comply with the accounting requirements of Regulation 8 of the 2006 Regulations; or
- 4. that there is further information needed for a proper understanding of the accounts.

#### Independent examiner's statement

I have completed my examination and I have no concerns in respect of any of the areas 1 to 4 listed above and I have found no other matters that require drawing to your attention.

Chris Smith BSc (Hons) FCIE

Glascairn Cottage

Aytounhill Cupar

KY14 6JH

Date: 10/5/25

**Statement of Financial Activities** (Incorporating Income & Expenditure Account) For the year ended 5 October 2024

	Note	Unrestricted Funds	Restricted Funds	2024 Total	2023 Total
		£	£	£	£
Income from:					
Donations & grants	5	7,059	51,557	58,616	41,600
Charitable activities	6	130	-	130	3,967
Fundraising		-	-	-	18,441
Other income		466		466	-
Total income		7,655	51,557	59,212	64,008
Expenditure on:		× 2			
Indigenous peoples project Brazil		-	6,665	6,665	15,865
Charitable activities	7	4,602	41,181	45,783	61,869
Total expenditure		4,602	47,846	52,448	77,734
Net income/(expenditure) and movement in funds		3,053	3,711	6,764	(13,726)
Reconciliation of Funds					
Funds brought forward		8,792	16,780	25,572	39,298
Net movement in funds	585	3,053	3,711	6,764	(13,726)
Funds carried forward		11,845	20,491	32,336	25,572

The statement of financial activities includes all gains and losses recognised in the period. All incoming resources and resources expended derive from continuing activities. The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006. The notes on pages 13 to 19 form an integral part of these accounts.

#### **Balance Sheet**

As at 5 October 2024

	Ness	Unrestricted	Restricted	2024	2023
	Note	Funds	Funds	Total	Total
		£	£	£	£
Fixed Assets					
Tangible assets	8	4,147	-	4,147	7,162
Current Assets					
Debtors		-	3,600	3,600	3,600
Cash at bank & in hand		8,098	16,891	24,989	15,210
Total current assets		8,098	20,491	28,589	18,810
Current Liabilities	×	e e			
Trade creditors		_	-	-	_
Accruals (examination fee)		400	-	400	400
Total current liabilities		400	-	400	400
Net current assets		7,698	20,491	28,189	18,410
Net assets		11,845	20,491	32,336	25,572
Funds of the Charity					
Unrestricted funds		11,845	_	11,845	8,792
Restricted funds		_	20,491	20,491	16,780
Total Funds	047	11,845	20,491	32,336	25,572

The directors confirm that for the financial period ended 5 October 2024: -

The directors acknowledge their responsibilities for complying with the requirements of the 2006 Companies Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies' subject to the small companies' regime of the 2006 Companies Act. The notes on pages 13 to 19 form an integral part of these accounts.

Approved by the trustees on 2414 23 2024 and signed on their behalf by:

Mandy Peat, Treasurer

<sup>•</sup> the company was entitled to exemption under section 477 of the Companies Act 2006, and

no members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

### **Notes to the Financial Statements**

For the year ended 5 October 2024

### 1 Basis of Preparation

### 1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with: -

- (a) The Charities & Trustee Investment Act (Scotland) Act 2005, and
- (b) The Charities Accounts (Scotland) Regulations 2006 as amended
- (c) The Company's Act 2006
- (d) Financial Reporting Standard 102 (FRS102) (Effective January 2015),
- (e) Charities SORP (FRS 102) (2<sup>nd</sup> edition effective January 2019)
- 1.2 No changes have been made to the basis of preparation or to the previous year's accounts.
- **1.3**. In preparing the accounts, the trustees were not required to make any judgements that would have a material effect on the numbers reported.
- 1.4 The charity meets the definition of a public benefit entity as defined by FRS102.
- **1.5** The charity is dependent on the continuing support of donors. However, the trustees have no reason to consider that this will not continue or that there are any material uncertainties about the charity's ability to continue as a going concern.

### 2 Accounting Polices

### 2.1 Form of Financial Statements

The charity maintains two types of funds for accounting purposes: -

- (a) A general unrestricted fund that can be expended at the discretion of the trustees on furthering the objects of the charity, and
- (b) Restricted funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

#### 2.2 Income

- (a) Income is recognised and included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources; their receipt is probable; and the monetary value can be measured with sufficient reliability.
- (b) Where income has related expenditure the income and related expenditure are reported gross in the SOFA.
- (c) Funds received in advance and which specifically relate to a future accounting period are treated as deferred income.

#### 2.3 Expenditure & Liabilities

- (a) Expenditure is accounted for on an accruals basis.
- (b) Liabilities are recognised as soon as there is a legal or constructive obligation to pay out resources; it is probable they will be paid and the monetary value can be measured with sufficient reliability.

#### **Notes to the Financial Statements**

For the year ended 5 October 2024

#### 2.4 Assets

- (a) Tangible fixed assets are capitalised if they have a value greater than £250 and can be used for more than one year. They are valued at cost or, if gifted, at their value on receipt.
- (b) Depreciation is calculated on a straight-line basis to write off the cost of tangible assets over their useful economic life as follows:
  - Hut, yurt & other equipment 20%

#### 2.5 Debtors

- (a) Debtors are recognised at the settlement amount due
- (b) Prepayments are valued at the amount prepaid

#### 2.6 Cash

Cash at bank and in hand includes cash and bank deposits repayable on demand

#### 2.7 Creditors

- (a) Creditors are recognised where the charity has an obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount.
- (b) Accrued charges are normally valued at their settlement amount.

#### 2.8. Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### 2.9 Taxation

The charity is not liable to income or capital gains tax on its charitable activities. Irrecoverable VAT is included in the asset cost or expense to which it relates.

### 3 Trustee Remuneration, Expenses and Related Party Transactions

£21,449 was paid to Claudia Goncalves, a trustee, for Project Development and Operations work and Workshops facilitator. £2,960 was also paid to Mark Halliday, a trustee, for workshop facilitation. These payments are permitted under Clause 5.3 of the Memorandum of Association.

No out-of-pocket expenses were paid to trustees.

There were no other related party transactions.

#### **Notes to the Financial Statements**

For the year ended 5 October 2024

#### 4. Restricted Funds

During the year, the charity maintained the following restricted income funds:

- Indigenous People Project Brazil funded by donations and a grant from Purpose Earth
- Outdoor Wellbeing Project funded by the Scottish Government
- Outdoor arts and wellbeing workshops funded by Creative Scotland
- Intergenerational engagement project funded by the National Heritage Fund
- Outdoor wellbeing programme funded by the Community Fund
- Outdoor activities in the community woodland for parents and children funded by The Mushroom Trust
- Activities for parents and children dealing with complex needs funded by the Four Winds Trust
- Training for community leadership funded SEAD

#### 4.1 Movement in Restricted Funds

Restricted to:	Opening balance £	Income_	Expenditure	Transfers £	Closing balance £
Indigenous People Project - Brazil	3,867	7,564	6,665	_	4,766
Outdoor Wellbeing Project	1,160	-	1,160	-	-
Outdoor arts and wellbeing workshops	11,753	21,131	22,814	-	10,070
Intergenerational engagement project	-	9,952	7,691	-	2,261
Outdoor wellbeing programme	-	8,160	8,160	-	( <del>-</del>
Outdoor activities in the community woodland for parents and children.		3,000	146	-	2,854
Activities for parents and children dealing with complex needs	-	1,500	960	-	540
Training for community leadership	_	250	250	-	_
Total	16,780	51,557	47,846	_	. 20,491

# **Notes to the Financial Statements**

For the year ended 5 October 2024

	2024	2023
5. Donations & grants	Total	Total
	£	£
General donations & legacies	8,389	1,084
Scottish Government	21,131	20,616
The Robertson Trust	-	5,500
Creative Scotland	-	14,400
The National Lottery Heritage Fund	9,952	-
The National Lottery Community	8,160	
Fund	6,234	
Purpose Earth	3,000	
The Mushroom Trust	1,500	-
The Four Winds Trust	250	
SEAD .		41 600
Total	58,616	41,600
	2024	2023
6. Charitable activities	Total	Total
	£	£
Community events	-	3,902
Rental income	130	65
Total	130	3,967
	2024	2023
7. Charitable activities	Total	Total
	£	£
Community Initiative & Health	32	471
Project	3,025	1,623
Administration	2,530	9,387
Establishment	330	1,779
Volunteer expenses		43,917
Contractors	33,315 250	43,917
Volunteer training		531
Materials	952	331
Equipment & maintenance	4.004	400
Other costs	1,934	409
Depreciation	3,015	3,352
Independent examination	400	400
Total	45,783	61,869

### **Notes to the Financial Statements**

For the year ended 5 October 2024

8. Tangible Assets	Equipment Yurt & Hut
Cost	£
At 6 October 2023	27,338
Additions	-
At 5 October 2024	27,338
Depreciation	
At 6 October 2023	20,176
Charge for the year	3,015
At 5 October 2024	23,191
Net book value	
At 5 October 2023	7,162
At 6 October 2024	4,147

### **Notes to the Financial Statements**

For the year ended 5 October 2024

### 9. Previous year

### information

In order to comply with FRS 102 to show corresponding amounts for the previous year for every figure in the financial statements and notes (not just the prior year totals), corresponding figures not provided elsewhere in these accounts are set out below:

### 9.1 Statement of Financial Activities for the year ended 5 October 2023

	Unrestricted Funds	Restricted Funds
Income from:	£	£
Donations & grants	645	40,955
Charitable activities	3,967	-
Fundraising	1,247	17,194
Total income	5,859	58,149
Expenditure on: Indigenous peoples project Brazil Charitable activities		15,865 50,638
	11,231	66,503
Total expenditure	11,231	
Net income/(expenditure)	(5,372)	(8,354)
Transfers		
Net movement in funds	(5,372)	(8,354)
Reconciliation of Funds	44.404	25 124
Funds brought forward	14,164	25,134
Net movement in funds	(5,372)	(8,354)
Funds carried forward	8,792	16,780

### **Notes to the Financial Statements**

For the year ended 5 October 2024

9,2 Balance Sheet at 5 October 2023 Fixed Assets Tangible assets	9	Unrestricted Funds £ 7,162	Restricted Funds £
Current Assets Debtors Cash at bank & in hand Total current assets		2,030 2,030	3,600 13,180 16,780
Current Liabilities Accruals (examination fee) Total current liabilities		400	
Net current assets		1,630	16,780
Net assets		* 8,792	16,780
Funds of the Charity Unrestricted funds Restricted funds Total Funds		8,792  	16,780 16,780

### 9.3 Movement in Restricted Funds for year ended 5 October 2023

Restricted to:	Opening balance		Income	Expenditure	Transfers	Closing balance
	£		£	£	£	£
Indigenous People Project - Brazil	3,378		17,633	17,144	-	3,867
Woodland project	1,000		-	1,000	-	-
Scottish Storytelling in Nature Project	4,397		-	4,397	-	-
Outdoor Wellbeing Project	6,042	-	20,616	25,498	E	1,160
Expressive Arts for Wellbeing Project	3,317 -		-	3,317	-	-
Outdoor session for the Women's Health Project	5,000		-	5,000	-	-
Woodland maintenance costs	2,000		1-	2,000	-	-
Arts and Wellbeing project	_		_		_	_
Outdoor arts and wellbeing workshops	-		14,400	2,647	_	11,753
Activities for children, young people and families	-		5,500	5,500		-
Total	25,134		58,149	66,503	_	16,780